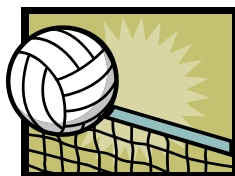


PE & SPORTING OPPORTUNITIES



Shirley High School has first class facilities for the development of physical and sporting skills. The school has its own playing fields on site covering over 13 acres. This includes a cricket square, an artificial cricket strip provided by the Sports Aid Foundation and an all-weather hard-play area which includes 6 tennis/netball courts.

As well as a purpose built Gymnasium, there is a Sports Hall which provides facilities for badminton, basketball, weight training and is equipped with indoor cricket nets.

Physical Education is an integral part of the school curriculum with every student timetabled for three periods of PE and Games across a two week timetable. In Year 11 the programme introduces students to a wide range of physical activities - some of which take place off-site at specialist centres. In addition the school offers a popular GCSE/B- Tec and A-Level courses in Physical Education.

The school offers as part of its sporting programme the following activities:-

* Aerobics	* Athletics	* Badminton	* Basketball
* Cricket	* Dance	* Fitness	* Football
* Golf	* Netball	* Rounders	* Rugby
* Softball	* Squash	* Table Tennis	* Tennis
* Trampolining	* Ultimate Frisbee*	* Volleyball	* Weight Training
* Yoga/Zumba			

The emphasis on physical activity is that of participation rather than strict selection and competition. However, for many years the school has maintained a strong and successful sporting tradition throughout all age groups, including some outstanding individual performances representing the school at county level and national levels. Listed below is a small selection of our students' achievements recently.

Year 7-10	Football – various students representing Croydon Schools borough district
Year 7	Boys Athletics - 70m Croydon Borough Champion
Year 7	Boys Athletics 300M Boys Croydon Champion
Year 7	Surrey Golf Boys squad
Year 7	Boys Basketball – Croydon Borough league Champions
Year 8	Boys Athletics -300m Croydon Champion
Year 8	Boys Trampoline – Croydon Competition Winner
Year 8	Girls Athletics – Croydon Shot Put Champion
Year 8	Girls Athletics – Croydon 200m Runner Up
Year 9	Basketball - Division 2 League Champions
Year 9	Football – Division 2 league champions
Year 9	Netball – Division 1 League Runner's Up
Year 10	Cricket – ¼ Surrey Cup
Year 10	Cricket - Croydon League Finalist and Croydon Cup Champions
Year 10	Rugby - Surrey Plate cup Finalist
Year 11	Football – Division 1 league champions and cup finalist

These successes result from the very strong programme of practices, clubs and matches that are run by the PE staff during lunchtimes and after school. In addition, trips are organised during holiday periods. These trips focus on skiing, water-sports football and Rugby Tours. Between 2015 and 2017 students went to Spain for a watersports trip, America for a skiing trip and France on a Rugby Tour. All of these trips are very popular with students and are always very successful.